



Geared towards high school juniors and seniors, Life\$kills engages students in a hands-on learning environment at our Young AmeriTowne of Kansas site in Lenora, KS, and helps them prepare to be financially-fit for their future.

#### \$ BUDGET\$

Students are assigned a role (position, salary, dependents) and use a monthly budget sheet to evaluate income vs. expenses, and needs vs. wants as they pay for daycare, groceries, student loans, and utilities. Just when they think they have enough left over for a new home, they might spin the "Life Happen\$" wheel and spend more to replace a tire or cover an unexpected medical bill.

## \$ RESUME WRITING AND INTERVIEWING SKILLS

This hands-on workshop gives students tips and tricks on presenting themselves professionally while writing resumes and when attending an interview. Students are also able to identify their skills and abilities and gain tools and techniques to utilize in their future.

### \$ COMMUNITY READINE\$\$

Students are given a presentation on the importance of being a part of their communities. The information shared helps students get an idea of what they can do to be actively involved in their community.

#### \$ ADULTING

Using real-world scenarios and data helps this program be as realistic as possible for the students. Making decisions and adjusting their budgets as needed helps students open their eyes to the adult world.



OLL

### **ENROLL TODAY!**

Spring 2025 Enrollments Due January 15, 2025

#### Contact us!

sriggins@nex-generation.org

https://www.nex-generation.org/lifeskills





# LIFE\$KILLS

2024-25 Enrollment Form

## About Life\$kills

Life\$kills engages students in a hands-on learning environment at our Young AmeriTowne of Kansas site in Lenora, KS, and helps them prepare to be financially-fit for their future. Students are assigned a "role" with a monthly salary and given a budget sheet. Students use this budget sheet to evaluate income vs. expenses, and needs vs. wants as they pay for daycare, groceries, student loans, and utilities. Later when they spin the "Life Happen\$" wheel, they may spend more to replace a tire or cover an unexpected medical bill. We also give a presentation on community readiness, resume writing, and interviewing skills.

| School                 |             |  |  |
|------------------------|-------------|--|--|
| Contact                |             |  |  |
| Phone                  |             |  |  |
| Email                  |             |  |  |
| Participating Grade(s) |             |  |  |
| Number                 | of Students |  |  |

FEES:

FREE

per student

Send your enrollment form to:

Sabre Riggins
Youth Programs/AmeriTowne Coordinator
sriggins@nex-generation.org
nex-generation.org/lifeskills

#### **Role Sheet**

| Name       |   | Annual Salary                 | \$60,000.00  |
|------------|---|-------------------------------|--------------|
| Job        | Nurse   | ·                             |              |
|            | of Children 2   | Monthly Salary Taxes Withheld | \$5,000.00   |
|            |   |                               | - \$1,385.00 |
| Age of Ch  | 101 E. 1st St   | SUBTOTAL                      | \$6,500.00   |
| Address    |   | Secondary Monthly Salary      | \$6,500.00   |
| Daguas     | AnyTown, KS, 12345  | Monthly Income                |              |
| Degree     | Associate's Degree  | Supplemental Salary           |              |
|            |   | ADJUSTED MONTHLY INCOM        | VIE          |
| Expenses   | s (includes taxes & insurance)  |                               |              |
| р сс с     | Rent/Mortgage   |                               | \$           |
|            | Utilities (electric, gas, water, trash)                               |                               | Ś            |
|            | Food  |                               | Ś            |
|            | Clothing & Hair   |                               | Ś            |
|            | Communications  |                               | Ś            |
|            | Vehicle (vehicle, insurance, fuel)                                    |                               | Ś            |
|            | Insurance (health, life)  |                               | Ś            |
|            | Child Care  |                               | Ś            |
|            | Student Loan  |                               | \$           |
|            | Student Edun  |                               | Ψ            |
| Disposab   | ole Income  |                               | \$           |
| -          | ble Income equals your Monthly Income/Adjusted Monthly Income minus   | Total Expenses)               |              |
|            |   |                               |              |
| Wants ar   | nd Savings  |                               |              |
|            | nd Savings should be less than or equal to disposable income)         |                               |              |
| •          | Entertainment   |                               | \$           |
|            | Charitable Giving   |                               | \$           |
|            | Savings   |                               | \$           |
|            | Retirement  |                               | \$           |
|            |   |                               | •            |
|            |   |                               |              |
| Life Happ  |   |                               |              |
|            | Life Happens #1   |                               | \$           |
|            | Life Happens #2   |                               | \$           |
|            |   |                               |              |
|            |   |                               |              |
| Totals     |   |                               |              |
| Total Exp  |   |                               | \$           |
|            | ints and Savings  |                               | \$           |
| Total Life | e Happens   |                               | \$           |
|            |   |                               |              |
| FINAL TO   | OTALS t your totals from your Monthly Income/Adjusted Monthly Income) |                               |              |
|            |   |                               |              |
| -          | Income/Adjusted Monthly Income  |                               | \$           |
| Total Exp  |   | \$                            |              |
|            | nts and Savings   |                               | \$           |
|            | e Happens   |                               | \$           |
| TOTAL      |   |                               | \$           |
|            |   |                               |              |
|            |   |                               |              |
| Addition   | al Tasks (Check when completed)                                       |                               |              |
|            | Voter Registration  |                               |              |
|            | Apply for Post Office Box   |                               |              |
|            |   |                               |              |